

# Quarantine Requirement and Testing Options

## 14-Day Quarantine Requirement

All individuals entering Massachusetts after 12:01 a.m. on August 1, 2020 must quarantine for 14 days from the date of arrival in Massachusetts unless the individual meets one of the criteria below:

- **Lower-risk State:** This includes individuals coming from a COVID-19 lower-risk state within the United States, as detailed above.
- **72-hour Testing Rule:** The individual can produce, upon request, proof of a **negative test** result for COVID-19 from a test administered on a sample taken no longer than 72 hours before your arrival in Massachusetts.
- **Transitory travel:** This includes people who are passing through Massachusetts and permits travelers to drive through the State or to connect to their airplane, bus or train, or to stop at a highway rest stop, but this exception extends only so long as is reasonably required for the traveler to complete their transit, make any necessary airplane, bus, or train connection, or make use of travel services such as at a highway rest stop.
- **Persons Commuting for Work or School:** People who regularly commute, at least weekly, outside of Massachusetts to a fixed place to attend school or work or any person who regularly commutes, at least weekly into Massachusetts to a fixed place to attend school or work; provided that in either case, this exception applies only to and from the person's residence and place of work or school. Workers or students who travel to any place that is

not their home state for personal or leisure reasons cannot rely on this exemption.

- **Patients Seeking or Receiving Medical**

**Treatment:** Patients who are traveling to Massachusetts to seek or receive specialized medical care from a physician located in the Commonwealth and persons accompanying and providing needed support to the patient.

- **Military Personnel:** Any person who is required to travel to Massachusetts at the order or directive of a Federal or State military authority.

- **Workers Providing Critical Infrastructure**

**Services:** Workers who enter Massachusetts to perform critical infrastructure functions as specified in Version 3.1 of the listing published by the Federal Cybersecurity and Infrastructure Security Agency are exempt from quarantine while they are commuting to or from or while at work. For the first 14-days after arrival, when the worker is not at work or commuting to work they must quarantine.

Additional information may be found

here: <https://www.cisa.gov/publication/guidance-essential-critical-infrastructure-workforce>.

Workers who travel to or from Massachusetts for personal or leisure reasons cannot rely on this exemption.

Travelers who are required to complete a 14-day quarantine on arriving in Massachusetts will be contacted to remind them of their continuing obligation to quarantine.

Individuals who do not comply with their obligation to quarantine are subject to a **\$500 fine per day**.